Home is where healing happens.
Home is where healing happens.

At Visiting Nurse Association, we’re honored to be invited into your home. Every door we enter represents a unique person with unique needs and personal goals. Crossing the threshold, we enter an almost sacred space that reflects the life, the story and the heart of those we serve.

My personal experience as a VNA physical therapist allowed me to walk through many doors and into many lives in Chicago in the 1980s. Every apartment and every house was more than a therapy visit; as I provided care, I had a glimpse into each person’s way of life that I would never have seen in a hospital or clinic setting.

At VNA, we see every day that home is also where people feel better. It’s our honor to visit thousands of individuals and families each year, and it’s our honor to help them heal in the comfort and security of their home.

Home is where the heart is... and where meals are shared, where books are read, where birthdays are celebrated and where memories are made. It’s our corner of the world, it's our safe haven, it’s our recharging station.

At VNA, we see every day that home is also where people feel better. It’s our honor to visit thousands of individuals and families each year, and it’s our honor to help them heal in the comfort and security of their home.
George and Joan will celebrate their 63rd wedding anniversary in November. They met while George was stationed overseas – Joan grew up in England but became an American citizen after they married. They had two daughters, who are now grown and have families of their own.

“We lived active lives. We used to travel and be involved in things,” George said. “It’s hard to accept this stage of life. We want to do things, but we just can’t.”

Joan has malfunctioning heart valves, is losing her hearing, has trouble breathing and has early signs of Alzheimer’s. They are both on medication that keeps them close to home.

VNA provided Home Health services to Joan in 2018, which included telehealth monitoring. When the services ended, George wanted to continue her telemonitoring.

“It helps that someone else is looking over her,” he said. “I was concerned anytime she became short of breath, and they’re able to determine whether her condition is serious enough to go to the emergency room.”

Telehealth technology monitors biometrics such as weight, blood pressure, heart rate and oxygen levels. Joan checks in with the machine every morning at 9 a.m. VNA Central Station Nurse Jean North sees those results following submission, along with the readings of dozens of other patients who she monitors, and follows up on anything alarming.

One time the readings were not normal, and George said a VNA nurse was able to intervene. She assessed Joan and determined that she did in fact need to go to the emergency room.

“It’s a wonderful service. They are on top of things,” he said. “She wants to remain at home, and this has enabled us to stay here.”

Our community impact
Every year, the staff at VNA, Easterseals Nebraska and Healing Motion Physical Therapy serves thousands of clients in their homes and beyond. We visit every imaginable type of home, from old to new, from townhomes to apartments, from assisted living facilities to Hospice House, from dormitories to homeless shelters. This year, the impact was as impressive as always, serving 47,225 unduplicated clients, which includes:

| 38,436 | 1,257 | 1,933 |
| Community Care | Easterseals Nebraska | Hospice, Palliative, Help at Home, Healing Motion |

Making a difference at home
It’s a privilege to be invited into our clients’ homes, as home care is at the heart of VNA. Every home is different, every person is different, and every plan of care is different. This is an honor we don’t take lightly. It was our pleasure to serve 5,599 home health clients in 2018.

| 5,599 |
| Home Health |

It helps that someone else is looking over her.

George
VNA Client
Owen is like many VNA hospice patients who have benefited from the organization’s in-house pharmacy. Unlike many VNA patients, though, Owen is two years old. He has a rare condition called Leigh’s Disease, but one of the bright spots of his situation has been the care from his VNA team. “I don’t know how we would have gotten this far without VNA. They’ve been instrumental in Owen’s care,” said his mom Cara. “They always want to do the best for him.”

One of the heroes in Owen’s day-to-day care has been VNA Pharmacist Laura Grothe. She has 35 years of experience and is a board-certified nutrition specialist. “Medication for hospice, especially pediatric hospice, is different than it is for typical curative care,” she said. “Our priority is comfort care.”

As one of eight pharmacists at VNA, Laura has the advantage of the VNA network at her disposal. The nurses, doctors and aides are a fast phone call away – as are the patients. “They know they can call me at 2 a.m. if there’s poor symptom control. I’m always accessible,” she said.

In Owen’s case, he’s been in hospice care for months – which is the ideal hospice scenario. The earlier patients receive hospice care, the more healthcare professionals like Laura can do to make their lives comfortable and as pain-free as possible.

For example, when Owen was in the hospital, he was given a patch to put on his skin to help with drooling. The patch made him lethargic and hindered his ability to interact with his family. Laura evaluated his medications and found an alternative solution. After weaning him off the patch, he became responsive and energetic, enhancing his time with family. “He was more alert and had more movement in his arms and legs after we took him off the patch,” Cara said.

It’s services like VNA pharmacy that help Owen remain at home, where he is safe, comforted and part of his family’s everyday life. And, he’s healthier at home than he was at the hospital, where despite every precaution, he caught the flu, further compromising his fragile health. “There’s just a heightened anxiety at the hospital,” Cara said. “At home we can have one-on-one time, and we can regulate his environment so much better.”

The hospice team, including Laura, has helped Cara and her husband David provide a “normal” life for their family, which includes Owen’s five-year-old brother Henry and their dog Hazel. They’ve even gone on a camping trip with Owen. “It’s really important to us to be together as a family,” she said.

Not that there aren’t scary days – but Cara knows she can call her VNA team for anything. “They’ve never made me feel like something isn’t important. They make me feel like Owen is their primary focus,” she said. “They go above and beyond, and every worry I’ve had has been validated.”

After spending nearly eight weeks in hospitals following a major stroke, Jimmy finally returned home. But before he left the hospital, his partner Jackie knew she wanted professionals from VNA to come to their home if Jimmy needed additional care. Four years ago, Jackie had triple bypass heart surgery and had care from VNA in her home. She hadn’t forgotten the way they encouraged the healing process during her recovery. “They helped me tremendously, so I asked the social workers while Jimmy was in the hospital if we could have VNA services in our home,” she said.

VNA physical and occupational therapists have helped Jimmy regain muscle strength and range of motion, and Jackie said the home care has had a wonderful impact. While Jimmy is still healing from the effects of his stroke, Jackie is able to manage his health where they are most comfortable. “We don’t have to worry about getting him into a car to go to appointments,” she said. “He’s just a lot more content at home.”
The best quality of life

As one of VNA’s fastest growing service lines, VNA hospice care has seen impressive growth over the years. VNA is honored to care for our 1,550 hospice and palliative care patients, helping each one have the best quality of life with their life-limiting illness.

In 2018, VNA was chosen as Methodist Hospital’s preferred provider of home health care and hospice in the region, and began an exciting long-term strategic home health and hospice collaboration with Immanuel.

Additionally, 2018 was a big year for Hospice House, of which VNA is a proud partner in collaboration with CHI Health, Methodist Hospital and Nebraska Medicine. A new brand for Hospice House helped elevate its image as the community’s shared home for compassionate, expert care. VNA is proud to serve many residents like Karen who call Hospice House their home.

Karen was rehabilitating in a long-term care facility in St. Joseph, Mo., without family nearby.

Once her family in Omaha realized how advanced her cancer was, they wanted her back home.

“We were trapped in one system of care and knew what we wanted for Karen at the end of her life,” said her daughter-in-law Jolene, who is also a nurse.

Jolene knew their family needed an advocate in the healthcare field who would see the bigger picture and provide a holistic approach to Karen’s care, so she called VNA.

“VNA’s intake gave me time for my questions and gave me options of doctors, clinics and a bit about the lay of the land and how hospice is navigated,” Jolene said.

VNA’s hospice team went into action. They found an ambulance company in Omaha who could drive to Missouri to transport Karen back to Omaha. They worked with their partners at Hospice House to admit Karen and immediately build a plan of care.

“We had a lot of people working closely with her, including a chaplain and a social worker,” said Hospice Clinical Manager Amanda Matthew. “It’s what hospice is meant to be. We take care of the physical, emotional and spiritual sides of people, and we get to take care of the family, too.”

Above all, Jolene said, the team listened.

“Even though Karen was at the end of her life, she was treated with respect, and they wanted her to live as fully as she could,” Jolene said. “It meant we had a lot of freedom to just be with Karen in this journey.”

Three weeks to the day that Karen was admitted into Hospice House, she passed away. She was surrounded by her family and was able to see all her grandchildren before she died.

“My husband said the care given meant that he knew his mom was comfortable and safe,” Jolene said.

“Thank you VNA for sheltering and moving us through this challenging time.”

We take care of the physical, emotional and spiritual sides of people, and we get to take care of the family, too.

Amanda Matthew
VNA Hospice Clinical Manager
Marguerite has lived in the same house for 66 years – she and her late husband bought it from its original owners.

They moved to Omaha in 1951 from rural Taylor County, Iowa. Her husband William found work at Robert’s Dairy and she worked at Russell Stover Candies. They never had children but were happily married for 34 years. Marguerite shares she’s now been a widow for longer than she was married.

At 94 years old, Marguerite is sharp, alert and remembers dates and events like they happened yesterday. She gets around her house just fine with her walker – she likes to make coffee in the mornings, sit on her front porch and read.

Ever since she had knee surgery in 2010, a VNA caregiver has visited once a week to help her with bathing. Lela, a VNA Home Health Aide, has been her primary assistant.

“She knows me like a book,” Marguerite said.

Every Friday, Lela assists Marguerite with a bath and rolls her hair.

“I can always depend on her,” Marguerite said.

In addition to Lela, a cleaning lady comes to her house every other week and her next door neighbor calls every Thursday for her grocery order. She loves being supported by friends in her familiar surroundings.

“It’d probably be an old crab in a nursing home,” Marguerite said. “It’s meant everything to me to be able to stay in my home.”

“Staying independent

When VNA staff visits a client’s home, we’re not just an expert caregiver, we’re a neighbor. It’s our honor to enter their homes, and it’s a privilege we don’t take lightly. We know being well is more than just physical health, it’s about the whole person.

A person’s well-being is impacted by their surroundings, their contact with others and their mental state. Sometimes this means they may need help around the house, help with personal care, light housekeeping or companionship. Our home health aides provide this help at home so clients can maintain an independent lifestyle in the comfort of their home.
A native of Somalia, Mohamed moved to the United States in December 2005. He had just spent 13 years in Uganda as a refugee, where, for a portion of that time, he worked with the United Nations translating for the Swedish Embassy and as a Peace Education Facilitator.

An Italian teacher in his home country, he found work in a meat packing plant and started building a life in Omaha.

The ripple effects from a car accident in 2011 turned his life upside down. "I lost everything," he said.

Mohamed found himself living at the Siena Francis House, battling unemployment and health problems. VNA shelter nurses, who have a presence in all Omaha-area homeless shelters, helped him get treatment for his health issues while connecting him to other agencies in the community. Charles Drew Homeless Clinic provided primary healthcare and Heartland Family Services helped secure permanent housing—a furnished apartment he’s been living in since December 2018.

In addition, VNA Shelter Nurse Tracy Yandell helped make the transition to permanent housing a lot smoother for Mohamed. During weekly home visits she assessed his concerns, making sure he understood his health issues and how to take his medications correctly. Tracy helped Mohamed find new medical coverage and a provider, helped him prepare for his first visit, and attended with him as his support system.

"We spend the time and effort to make sure he’s healthy," she said. "At VNA we care for the whole person."

She connected him to a no-cost telephone assistance program and provided him with a pill organizer to make sure he was back on track to eventually regain steady employment.

Mohamed also wants to become a United States citizen someday. "This is the only nation that embraced me," he said. "It’s home now."
Shyla is a teen mom— and she’s also an honor student, a volleyball player, a power lifter, a grocery store cashier, a friend, a daughter, a sister, a mentor and more.

She was a freshman in high school when she gave birth to a healthy baby boy. Dorian is now three years old and he’s taking after his mom.

“She’s very active,” Shyla said with a smile. “He loves to eat, dance, play soccer and laugh with his family.”

The support Shyla receives from her family, including her parents, brother and sister, has been key to all she’s accomplished in high school. She was recently awarded the Susan T. Buffett Scholarship, a prestigious award that includes full-ride college tuition. She graduated high school with 31 college credits.

“She’s a role model for teen parents at her high school,” said VNA Registered Nurse Mary Foley. Mary is Shyla’s nurse in VNA’s Love & Learn program, which also includes a parent coach. Both Mary and the coach have visited Shyla’s home twice a month since Dorian was born.

Mary taught Shyla about newborn care, child safety and how to care for herself. Alongside a lactation consultant, she educated and supported Shyla while she breastfed for six months. With Mary’s support, Shyla learned to advocate for her child to manage his unresolved health needs. Mary also educated Shyla about Dorian’s developmental milestones and activities to encourage growth. The VNA parent coach connected Shyla with community resources, like counseling through Child Saving Institute and a scholarship for driver’s education.

“There’s always something to learn about him, and I find all those milestones really interesting,” Shyla said.

Shyla describes herself as a patient, encouraging, confident mom— things she might not have had if it not been for Dorian.

“If I hadn’t had my son, I would have never gone to my counselor’s office,” she said. Her school connected her to VNA and other community organizations that, with a lot of work and dedication on her part, led her to a well-adjusted son, a happy home life and a very bright future.

She’s a role model for teen parents at her high school.

Mary Foley
VNA Registered Nurse
Physical Therapist Dan Miller once calculated the percentage of a person’s time spent in therapy healing from a rotator cuff injury. It was 3%.

“So the key becomes, how do we help that person heal the other 97% of the time?” he said.

Even though VNA is known for the care it provides in a person’s home, some of its services happen outside the home. Healing Motion Physical Therapy, VNA’s outpatient physical therapy clinic, is one such place. The clinic’s team of three physical therapists and other staff make its clinic as home-like as possible, with soothing music playing, natural light coming through big windows and a friendly greeting for everyone who comes through their doors.

“The foundation of the clinic is the care of the person,” said Physical Therapist Kris Lausterer. They’ve found that the more comfortable they make a patient, and the more holistic the practice, the more successful the therapy will be.

“We have a lot of equipment that you’ll find at other places, but we take extra time, and we really make sure our patients understand what is going on,” said Physical Therapist Ross Holsing. “And that’s how they take it home – because if they don’t understand why it hurts if they bend a certain way or the reasoning behind the exercises we give them, they may just learn to live with the pain or work around it, which may end up making it worse.”

Dan, Ross and Kris pride themselves on spending extra time and taking extra effort to get to know each individual patient.

Each of the physical therapists has empathy for patients in pain, having been through experiences in their own lives.

“We enjoy what we do; we find joy in what we do,” Ross said. “We truly care. This is not just a job for us.”

Ultimately, the goal is for every patient to thrive and not have to practice pain avoidance.

“When they come through our door, that’s when the healing starts,” Dan said. “We want them to come to a point when life itself is therapeutic.”

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**Healing Motion Physical Therapy**

Sometimes you need a little help outside your home. In a constant state of growth, VNA’s outpatient physical therapy clinic, Healing Motion Physical Therapy, had another successful year in 2018:

<table>
<thead>
<tr>
<th>Revenue</th>
<th>Total Visits</th>
<th>New Patients</th>
</tr>
</thead>
<tbody>
<tr>
<td>$452,654</td>
<td>5,311</td>
<td>297</td>
</tr>
</tbody>
</table>

Ross Holsing, Dan Miller & Kris Lausterer
VNA Physical Therapists
Most do not realize it, but when a farmer or a productive home an
They assess the farmer's situation, make a
AgrAbility
A farmer's work is their home, and
their home is their work. The two
are inextricably intertwined.

*Most do not realize it, but when a farmer or rancher is discharged from care following an injury or serious illness, he or she is not only returning home, but is also returning to an industrial work site,* said AgrAbility Rural Rehabilitation Specialist Rod Peterson.

AgrAbility is a partnership of Easterseals Nebraska and University of Nebraska Extension, funded in part by the United States Department of Agriculture and Nebraska Vocational Rehabilitation Services. If a farmer, rancher or family member has a mental or physical disability that affects their work, AgrAbility can help.

Each year, Rod and Emily Freudenburg manage around 30 cases each throughout Nebraska. They assess the farmer's situation, make a recommendation about types of technology, tools, equipment or adaptations that need to be made, and help get funding for them.

*“We also provide a lot of support with follow up visits, and connect them with other resources,”* Emily said.

When Dave, a farmer from central Nebraska, was injured in a car accident, Rod visited him while he was still in the hospital. Dave spent a total of eight weeks in the hospital, healing from various injuries that included a leg amputation. He fought infections in his amputated leg for a year following the accident.

Once Dave returned home, Rod started working on solutions to get Dave back to farming. As a result of Rod’s recommendations, Nebraska Vocational Rehabilitation (VR) Services purchased a used utility vehicle to assist Dave in getting around his 1,600 acres of farmland to tend to his 260 head of cattle.

“I use it every day. It’s been really, really good for me,” Dave said.

---

**AgrAbility**

**Funded Plans for Assistive Equipment**

55

**AgrAbility**

**Funded Amount**

$179,436

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Eastseals Nebraska summer camps serve as more than just a fun outdoor adventure for campers of all ages and ability levels – it’s a home away from home.

And even though most people keep coming back year after year, some veteran campers were looking for something more – a little more responsibility without the pressure of being an official counselor.

Camp Director Jami Biodrowksi observed this gap in the camp experience and created the ChangeMakers program, which includes three tracks: apprentice, internship and counselor. The program assists campers in developing leadership and job readiness skills in a supportive work setting. The program debuted in 2018 and seven campers participated.

“I like camp. This was an awesome opportunity,” Blake said, adding that he applied to be a ChangeMaker because he was ready to move up to the next level but still have fun. He has been attending Eastseals camp for the last 11 years.

Blake was on the apprentice track, so he helped clean up after meals, took trash out, served food and watched other campers, always under the supervision of counselors.

Isiah was on the same apprentice track, and decided to apply because he knew he was a hard worker and could help out – while still participating in his favorite things about camp.

“I like the fun activities, like horseback riding. And hanging out with my friends,” Isiah said.

Isiah’s mom Annie noticed her son really liked the leadership aspect of ChangeMakers.

“It was a great opportunity for him to learn a little more,” she said. “He’s looking forward to it this year.”

ChangeMakers camp is designed for teens and young adults wanting to gain valuable job skills, seek one-of-a-kind work experience and share their talents to improve the future of Camp Eastseals and its community. The ChangeMakers program is a collaborative effort of Eastseals Nebraska and Nebraska VR, advancing youth/young adult work readiness through workplace learning experiences and job exploration counseling.
20 Fund Development

thank you

VNA is making a difference for people throughout the community no matter where they call home, thanks to the generous support of our many donors.

Art & Soup
More than one thousand people attended our 21st Annual Art & Soup event, held in February at the Embassy Suites La Vista Conference Center. The $148,500 raised at this annual event benefited VNA’s shelter nursing program, providing care to about one third of the men, women and children who experience homelessness in Omaha and Council Bluffs. VNA is able to offer these services free of charge thanks to the generous support of the community and those attending this event.

Art & Soup featured original artwork from 38 area artists. In addition to ticket sale proceeds, artists donated a minimum of 50% of their proceeds to VNA. Additionally, 22 of Omaha and Council Bluffs’ finest restaurants participated, creating an original soup recipe to sample or providing desserts and treats.

Thanks to Art & Soup, VNA raises nearly half of the annual program cost to meet the health needs of approximately 2,500 of the most at-risk individuals in our community. Each week, every homeless shelter in the metropolitan area receives at least one visit from a VNA nurse.

Stay at Home
Keeping our clients safe and healthy at home is the focus of the majority of services VNA provides – so when it came time for an end-of-year fundraising campaign, the message of “stay at home” was a natural fit. VNA raised $13,750 through a first-time “non-event” fundraiser.

VNA created this Stay at Home “non-event,” which takes a lighthearted approach toward a serious need. Instead of spending money on renting a venue, hiring a caterer and paying for entertainment, VNA sent an invitation worthy of a gala… but instead invited donors to stay at home. Sponsorships and donations would then go directly to the people VNA serves.

Seim Johnson’s 2017 independent audit stated that 82% of money donated to VNA was directly used in services for at-risk individuals and families who need assistance. According to the Chronicle of Philanthropy, the industry standard for nonprofits is 72%.

This non-event is just another example of when someone donates to VNA, their money directly impacts people.

We love volunteers
The gift of time is truly treasured at VNA and Easterseals Nebraska. In 2018, 185 volunteers provided 3,332 hours of assistance, strengthening the safety net of care for the Omaha and Council Bluffs communities. The value of their time spent is equivalent to $82,267. Their volunteer hours included support for the hospice volunteer program, memory bears, Cooking Matters program, office support, special events, United Way of the Midlands Day of Caring, and Easterseals Nebraska Camp, Respite and AgAbility programs.

Fund Development’s key performance indicators reflect a great 2018:

Total Donors

<table>
<thead>
<tr>
<th>Donor Growth</th>
<th>+47%</th>
</tr>
</thead>
<tbody>
<tr>
<td>Individual Donor Donation Growth</td>
<td>+71%</td>
</tr>
<tr>
<td>Average Gift Growth</td>
<td>+40%</td>
</tr>
<tr>
<td>2017 Donors Retained</td>
<td>68%</td>
</tr>
<tr>
<td>Online &amp; Mobile Donors</td>
<td>+53%</td>
</tr>
</tbody>
</table>

$100,001+
The Enrichment Foundation
Iowa Department of Public Health
Lozier Foundation
Nebraska Early Childhood Collaborative
Social Security Administration
State of Nebraska Department of Health and Human Services
United States Department of Agriculture
United Way of the Midlands

$75,001 – $100,000
ABT Associates
William and Ruth Scott Family Foundation
Susan G. Komen Great Plains
United Way of the Midlands Karnett Trust

$50,001 – $75,000
Anonymous
Nebraska Vocational Rehabilitation
Promise Partners Early Childhood Iowa
The Sherwood Foundation

$20,001 – $50,000
Anonymous
The Hawkins Foundation
Mary Ledington McKeen Charitable Trust
Mutual of Omaha Foundation
Peter Kiewit Foundation

$10,001 – $20,000
Knights of Columbus Council 3019
Nebraska Medicine
Suzanne and Walter Scott Foundation

$1,000 – $10,000
American National Bank
Tom Backer
Oliver and Ferrol Barklage Foundation
Steve and Debbie Bartels
The Fred & Sally Bekins Foundation
Bland Cares Foundation
BlueCross BlueShield of Nebraska
Edson and Sally Bridges II
Daniel and Esther Brabec
Teri Tipton Bruening
Harold Brunssen
Cecil Bykerk
Century 21 Midlands
John and Betty Cernech
CHI Health
Geraldine Daenon
Dodge Charitable Trust
Rita Downey
First National Bank of Omaha
Anne Foley
Neil and Jo Fortkamp
Frontier Lincoln HDG
Linda Graves
Deryl and Ramona Hamann
Hawks Family Philanthropy Fund
Healy-Hoffmann-Dowak-Cutler Funeral Chapels
Scott and Cindy Heider
Gilbert M. and Martha H. Hitchcock Foundation
Immanuel
Russel and Renee Iwan
Kent Circle Partners, Millard and Scott Seldin
Kiewit Corporation Foundation
George Kleine
John and Stephanie Koralikis
Daniel Kurman
Joanie Kush
Janet Lepaoao
Deborah MacDonald
John and Andrea Marshall
Michael and Nancy McCarthy
Methodist Hospital
The Merck Foundation
Peter Michaud
Frank J. Mikkelson Trust
Mutual of Omaha
Murray and Shawe Newman
Omaha Track
Dr. Carol Patrick
William R. Patrick Foundation
Helen A. Pearson Charitable Trust
Miki Petersen
PhRMA
Physicians Mutual Insurance
Judy Riggert
Edward and Linda Robinson Charitable Trust
Dr. John and Ruth Sage
Robert and Suzanne Sall
John and Dianne Scott
Scoular Foundation
Richard and Sharon Secon, Jr.
Seim Johnson, LLP
SilverStone Group
Incorporated
Steve and Kris Stapp
James and Maggie Summerfelt
The Leroy Thom Jean Thom and T Foundation Inc.
Roger and Karen Thompson
Van N. Timberlake
Urban Abbey
Valmont Industries
VNAA
Bill Vobejda
Brenda Watke
Dr. Samuel Watson
Werner Enterprises
West Corporation
Bill Yard
Bridge Young
The Jim and Shirley Young Family Foundation
Loretto K. Young

Peter Kiewit Foundation

United Way of the Midlands

Edson and Sally Bridges II
Daniel and Esther Brabec
Teri Tipton Bruening
Harold Brunssen
Cecil Bykerk
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Brenda Watke
Dr. Samuel Watson
Werner Enterprises
West Corporation
Bill Yard
Bridge Young
The Jim and Shirley Young Family Foundation
Loretto K. Young
**Revenue & Support**

- **Revenue & Support**: $30,392,216
  - Patient Charges & Contracts: $24,231,867
  - Restricted Grants & Contributions: $1,918,571
  - Other Contributions: $3,416,866
  - United Way of the Midlands: $629,217
  - Non-Operating Income: $195,595

**Expenses**

- **Expenses**: $29,580,866
  - Home Care Services: $10,084,620
  - Hospice Services: $5,850,181
  - Pharmacy Services: $1,883,471
  - Healing Motion Services: $483,368
  - Fremont Health: $100,576
  - Community Health Services: $747,492
  - Home Care Services: $1,559,373
  - Contract and Private Pay Expenses: $2,525,592
  - Family Support Services: $4,519,948
  - Fundraising: $415,395
  - Easterseals Nebraska: $1,350,850

**Funding Sources**

**Funding Sources: Omaha**

- Medicare: $11,455,873
- Medicaid: $1,363,649
- Insurance: $7,326,567
- Private Pay: $1,982,672
- United Way of the Midlands: $462,199
- Contracts: $923,476
- Federal, State & Community Grants: $1,525,766
- Special Events: $113,485
- Community Donors & Foundations: $3,289,738

**Funding Sources: Pottawattamie County**

- Medicare: $808,660
- Medicaid: $110,419
- Insurance/Private Pay: $142,894
- United Way of the Midlands: $167,017
- Contracts: $117,656
- Federal, State & Community Grants: $392,804
- Community Donors & Foundations: $13,743

**Total Funding for 2018**

- $30,196,618

*Interest/other not included

**Includes VNAM, HS, FND & ESN**